

Obesity Subgroup - Health and Wellbeing Board Report. April 2016.

Background;

The HWB obesity subgroup was established to work towards a healthy weight for all in Bromley. One of the actions of the sub-group was to establish a Healthy Weight Forum (HWF) consisting of key partners across the Local Authority and health economy to deliver the objectives of the HWB obesity subgroup.

Objectives of the Healthy Weight Forum;

- Develop a Healthy Weight Pathway from Healthy Weight to Morbidly Obese.
- Provide evidence based recommendations to support the development of sound local planning policy to promote health and wellbeing in the borough.
- Develop and deliver a Healthy Weight communications plan to raise the profile of obesity and services available.
- Explore local options to deliver / influence the delivery of healthy foods education and cooking sessions.

Actions since last update;

Since the last HWB, the HWB obesity subgroup met on 26.1.16 to plan the subsequent HWF on 19.2.16. The HWF partners agreed proposed changes to Local Authority planning guidance and local planning policy. The Local Authority planning department will include the proposed changes within the Local Plan update which will be taken to the Local Development Advisory Panel for agreement, then onto the Development Control Committee after the local elections (estimated summer 2016).

The forum also mapped current services and communication pathways available in Bromley. The next subgroup will prioritise key messages the HWF would like to distribute in Bromley and best methods of communication.

At the last HWB it was agreed that the HWB obesity subgroup would include childhood obesity in their development work. Therefore, the Public Health Programme Lead for Children who is already a member of the HWF will give a presentation at the next HWF (scheduled for 12th May) on the challenges of childhood obesity and will facilitate a discussion on how the HWF can contribute to work on this challenging priority.

Next steps;

HWB to note the work of the obesity subgroup.